

Name: \_\_\_\_\_

Due Date: The First "B Day" of the year (Tentatively September 10)

Period 8

# Welcome to AP Psychology with Ms. Skalski!

*Have questions? Email me at [askalski@bhprsd.org](mailto:askalski@bhprsd.org)*

Thank you for choosing to take AP Psychology! Since this is a fast-paced course, there is a summer assignment that will give you a sturdy foundation to succeed in the course. Here are the expectations for this assignment:

- You will essentially outline Unit 1 (This textbook uses "units" instead of "chapters") by completing this packet
- This packet **MUST** be **HAND WRITTEN**. Digital assignments or typed assignments **WILL NOT BE ACCEPTED!**
  - If you need more room to write or would like to reformat the assignment (ie use flashcards instead of the table, use one sheet of paper for each term, etc) you are more than welcome to do so, just make sure that you include all of the information and that it is hand written.
  - A paper copy of this assignment will be given to you with the textbook. If you lose that copy, you may print a copy from the Google Classroom.
- You will have an open-note quiz on the due date of this assignment. It will be worth 20 points.
  - 5 points for completing this packet
  - 1 point for each question (15 questions total)

As an AP student (college student) my personal goal for this unit is :

\_\_\_\_\_  
\_\_\_\_\_.

To achieve my goal, I promise myself that I will :

\_\_\_\_\_  
\_\_\_\_\_.

## Vocabulary for Unit 1: Psychology's History & Approaches

| <b>Term</b>                     | <b>Definition in your words</b> | <b>Apply the term to your life with a story, example, picture, or symbol to help you remember its meaning</b> |
|---------------------------------|---------------------------------|---|
| <i>Structuralism</i>            |                                 |   |
| <i>Functionalism</i>            |                                 |   |
| <i>Experimental Psychology</i>  |                                 |   |
| <i>Behaviorism</i>              |                                 |   |
| <i>Humanistic Psychology</i>    |                                 |   |
| <i>Cognitive Neuroscience</i>   |                                 |   |
| <i>Psychology</i>               |                                 |   |
| <i>Nature-Nurture Issue</i>     |                                 |   |
| <i>Biopsychosocial Approach</i> |                                 |   |
| <i>Biological Psychology</i>    |                                 |   |
| <i>Evolutionary Psychology</i>  |                                 |   |
| <i>Psychodynamic Psychology</i> |                                 |   |

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|---|---------------------------------|---|
| <i>Behavioral Psychology</i>                      |                                 |   |
| <i>Cognitive Psychology</i>                       |                                 |   |
| <i>Social-Cultural Psychology</i>                 |                                 |   |
| <i>Developmental Psychology</i>                   |                                 |   |
| <i>Educational Psychology</i>                     |                                 |   |
| <i>Personality Psychology</i>                     |                                 |   |
| <i>Social Psychology</i>                          |                                 |   |
| <i>Applied Research</i>                           |                                 |   |
| <i>Industrial-Organizational (I/O) Psychology</i> |                                 |   |
| <i>Counseling Psychology</i>                      |                                 |   |
| <i>Clinical Psychology</i>                        |                                 |   |
| <i>Psychiatry</i>                                 |                                 |   |

# Unit 1: Psychology's History & Approaches

## Critical Thinking Questions

1. What are the main differences between a psychologist and psychiatrist?
2. How can there be many different schools of thought found within psychology and all be legitimate?
3. How does each of the nine perspectives explain human behavior?
4. What problems might exist for followers of each of the perspectives?